

Best Practices – I

1. Title - Sizzle and Grow

2. Objectives of Sizzle and Grow - Organizing Food fest

- (i) Enable practical learning through self- organization and participation.
- (ii) To develop a sense of team work and togetherness.
- (iii) To showcase cookery skills and bring out business tricks of students.
- (iv) To provide a platform to enhance socializing and communication skills of the students.
- (v) To drive students from digital world to real world through their actual presence and participation in the Food Fest.
- (vi) To provide platform to students to enrich and discover their leadership skills.

3. Context

Food Fest was organized in the college premises to mark International Day of Family. Family members were encouraged to participate with their wards taking part in the event. Students from different streams of the college enthusiastically participated in the Food Fest. Food Stalls with food of nutritional value and variety in taste were prepared and sold by the students. The students executed the event through a week-long discussion and meticulous planning with their teacher mentors and peer team. Their planning and execution also instilled within them a sense of responsibility towards their work which thereby groomed organizational skills of the students. It also inspired them to create a sense of self-respect and dignity of labour. The most interesting and notable part of the event was, the members of the family got chance to support and contribute their helping hand to their son/ daughter by their presence in their respective stalls to raise their earning to a profitable margin. The profit earned by the students developed a sense of confidence and self-reliance in them. The tedious effort of the students turned out to be a grand success and mega hit that reflected a sense of achievement and reflected ray of hope on their confident smiling faces. This event also taught them the concept of earn and live in their hardships or the creative and easy ways to earn profit thereby developing entrepreneurship skill in the students.

4. Practice

After a weeklong meticulous planning and discussion of students and mentors, finally Food Fest was organized in the college premises during the month of February 2023. Total of 20 Food Counters were displayed for the Food Fest Competition. Participants occupied their respective counters with their family members or peer teams and displayed their dishes for sale or served fresh and hot on the spot to the food lovers. Student Volunteers were formed and duties were disseminated to control the crowd and direct the students to vote for their best food counter. Judgement was done for Best Healthy Food, Easy to Cook, Best Presentation, Best in Taste, Most Popular Dish, Clean & Hygiene Counter, Best Street Food, Best Crunchy- Munchy Dish, etc. Prizes were distributed to the winners to boost up their Spirit of Participation and Dedication. The Parents' Involvement and Direct Participation with their wards in this event strengthened the Parent-Teacher Association of the college which thereby encouraged the concept of healthy linkage between Educational Institution and Society.

5. Evidence of Success

The event received an overwhelming response. And such response instils confidence in the students and motivates them to work with sincerity and zeal in future. The event enhanced their skill of financial statements and decision making at the weirdest situation. They learned to work by coming out of their comfort zones. During the planning and preparation of Fest, students could spend quality time with their friends. Again, Students could learn time and people management through this fest as responsibilities were mostly shouldered by the students only.

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6. Problem encountered

Planning and execution are too different concepts. Though meticulous planning was done but execution was disrupted due to difficulty in crowd management. Therefore, number of volunteers should be increased to manage the crowd issue. The event can be extended to two days instead of one day to encourage maximum participation and control heavy crowd. The entries of food fest can be bifurcated according to the cultural and nutritional value and

planned for more than a day. Better arrangements can be done to check and control hygiene issues. Volunteers should be trained for waste management.



