

Criterion- 5: STUDENT SUPPORT AND PROGRESSION

5.1: STUDENT SUPPORT

5.1.3 : Capacity Building and Skills Enhancement Initiatives taken by the Institution include the following during the year 2022-23

1. Soft Skills

2. Language and Communication Skills

3. Life Skills (Yoga, Physical Fitness, Health and Hygiene)

4. ICT/Computing



Soft Skill Development P.G. Department of English Session : 2022-23

Date:08-08-2022 to 10-09-2022Activity:Certificate Program on Communication Skills

No. of Beneficiaries : 59

The P.G. Department of English organized a Certificate Program on Application Writing, Resume Writing, and Situational Conversation. The objective of the session was to develop good Speaking and Writing Skills. The Session covered all areas needed to train students to create good CVs and resumes for their Career Enhancement. The outcome of the program was students were well acquainted with Creative Writing and Situational conversation.





: 08-08-2022 to 10-09-2022

Activity

Date

: Certificate Program on Communication Skills

1	Name of students	class
32	Chandradeep Sahy	B. Be III
33	Chandrapsabha Lodhi	B. Se III
34	Tumeshwari Dewangan	M.Sc Bot
35	Sulekha Lakra	M.Sc Bot
36	Rajiv Paul	M.Sc Bot
.32	Suject Minj	M.Sc Bot
38	Aditi Biswas	B. Se II
39	Aastha Kumari	B.Sc TT.
40	Om Janghel	B.sc II
41	Vedprabha Verma	B.SCI
42	Swapan Mandal	M.Sc Phi
43	Ashish Patel	M. Sc Phy
44	Sibi Dominic	B.Sc II
45	Shashank Sathoshiwar	M.sc Phy
46	Pravin Kumar	M.s. ph
47	Tejas Patel	M.Sc Ph
48	Sonal Saboo	M.Sc Ph
49	Jaishaly Dewangan	M.Sc phi
50	Dhandhian Yadav	6.3c 11 4
51	Bhanging Yadar Rishkas	B Sc T
54	and the second se	B.sc-III
53		B.A. 10
54	Sukanya Manish prakash	B-Sc-II
56		B.sc I
5 G		BSCI
SF	Priyanka sahe	BSEP
58	Archance sales	B.SCT.
-205		B.A II
591	Janna B'	

Sec.	Name of students	< lass
	Aparna Mahobiga	BCA-TE
-2	Ruchika Prasad	BCA-W.
3.	Amit Pratap Singh	B B A-S
4	Himanshu Verna	13. B.A-5
5	Roshani Dhankar	B. Se 11 3
6	Aanushi Titus	B.Sc III
	Grayatri Chandrakar	B.Sc-10 1
8	Sujata Nismalkas	B.Sc Tr g
9	Mandiza Datta	B.SC -TT
10	Priyanka Singh	B.SC II
	Khyati Pandey	BSCIT
12	Tripti Shahni	B.SC-1-1
13	Shouti Chouhan	B.SC-II
14	Ayushi Mishra	B.SC.T
3-15	Agushi Mishaa Saishti Mandavi	B.SC-I
16	Tejasvace Sharva	B.Sc - 1 7
19	Prashant Dey	B.Sc-TUC
18	Naveen Kumah Sahu	BSCI
19	Vaman Singh	B.Sc III S
20	Joel Jose	B.SC III
21	Ashish Rao	B.Sc-m
32	Chandrika Nag	B. Sc- mp
- 23-	Vandana Thakur	B.Sc-In
24	Diksha Tazam	8 Sc - mi 9
25	Sounya Beck	B.se- TIT
26	Chanchal Sahu	B.Sc-TT 4
27	Praya Sahu	B.3c - m 2
28	Anshika Sharma	B-SC- m
	Shaziya Iram	B. Sc - TH to
30	Yogesh patel	B. Sc- 111
31	Shubhan Sahu	B-3c - The



Soft Skill Development Department of Psychology Session : 2022-23

Date: 14-10-2022 to 22-10-2022Activity: Certificate course on "BEING COMPLETE HUMAN"No. of Beneficiaries: 59

The P.G Department of Psychology, St. Thomas College, Bhilai organized inaugural session of the Third edition of Certificate Program on "BEING COMPLETE HUMAN" on 14 to 22 October 2022. The Chief Guest of the program was Mr G.M. Arun Kumar Yoga Instructor Munger School of Yoga. First of All Head of Department of Management Studies Dr.Debjani Mukherjee gave the overview of certificate program and said that St. Thomas College is dedicated towards the overall personality development of students as per the changing scenario of Post Covid World. Principal of St. Thomas College Dr. M. G. Roymon welcomed the gathering and congratulated the organizing committee for organizing an informative program. Chief Guest G.M Arun Kumar discussed especially the present situation of COVID-19 and said that there has been an increase in people seeking yoga and meditation for stress relief. The chief guest of the event interacted with the students and asked about their stressors. Then, various Mudras and Meditation techniques were demonstrated to the students. All the participants experienced a great learning and after the session they cleared their doubts by asking questions.

Outcome of the Program – The students learned about the various methods to reduce stress, personality development and creative problem solving.





: 14-10-2022 to 22-10-2022 Date

Activity

: Certificate course on "BEING COMPLETE HUMAN"

S. No.	Name of the Student	Class	S. No.	Name of the Student	Class
1.	Garima Sharma	BA II	31.	Aishwarya Banchhor	BA II
2.	Nitish Singh Thakur	BA III	32.	Arya Jain	BA II
3.	Harshita Jolhe	BA II	33.	Sakshee Yadu	BA II
4.	Deepak Chandak	MA SEM III	34.	Sheryl P Anil	BA I
5.	Shubham Kumar	MA SEM I	35.	Dilpriya Rana	BA I
6.	Ravi Gupta	BA III	36.	Khusbu Pattnaik	BA III
7.	Oorja Parwana	MA SEM I	37.	Anuruddhika	BA I
8.	Anita Jagat	MA SEM I	38.	Priya Lal	MA SEM I
9.	Kanishk Mishra	BAJMC	39.	Shashank Singh	BA I
10.	Simmi Chakraborty	BA III	40.	Sahil Netam	BA I
11.	Shivani Pathak	BA III	41.	Vinay Baskar	BA I
12.	Kiron Roy	MA SEM I	42.	Gurmeet Singh	BAI
13.	Jyoti Purang	MA SEM I	43.	Sudha Shah	PGC
14.	Suman Bhoi	BA III	44.	Sakshi Rathore	BAI
15.	Ashwathy Girish	BA III	45.	P Avantika	BA II
16.	Tanushree Yadav	BA I	46.	Ananya Borkar	BA I
17.	Mansi Sahu	BA I	47.	Maysha	BA III
18.	Devashish Mandal	BA II	48.	Dhriti	BAI
19.	Rupesh Mannade	BA II	49.	Purvi Sahu	BAI
20.	Rohan Kumar Soni	BA II	50.	Oshin	BAI
21.	Ravi Deshmukh	MA SEM I	51.	Rupal Sahu	BAI
22.	Aayushi Tyagi	MA SEM I	52.	Himani	BA I
23.	Harmendra Tandon	MA SEM I	53.	Sameer Chouhan	BA II
24.	Dally Jain	MA SEM I	54.	Princy Ekka	BA II
25.	Palak Agrawal	MA SEM III	55.	Kairen	BA II
26.	Shraddha Verma	MA SEM III	56.	Anushka Thakur	BA II
27.	Suman Sahu	PGC	57.	Sakshee Yadu	BA II
28.	Jyotsana	BA II	58.	G Priyanka	PGC
29.	Garima Sahu	BA II	59.	Sanchana Sahu	B.ED
30.	Prerna Chaturvedahi	BA II			



Soft Skill Development P.G. Department of Commerce Session : 2022-23

Date:06-10-2022Activity:Building Effective Communication Skills

No. of Beneficiaries : 87

The PG. Department of Commerce under the aegis of Commzenith organised a Seminar on the Topic "Building Effective Communication Skills", in collaboration with International School of Business & Media (ISB&M) Pune (MH) on 6/12/2022. Prof. Jerin Jacob Mathew of ISB&M Bangalore was the chief speaker on the occasion. Mr. Ajay Ketan Nayak Assistant Vice President International School of Business & Media Pune (MH) and Mr. Sachin Verma from ISB&M Bhopal (MP) were also present who coordinated in making the program a success.



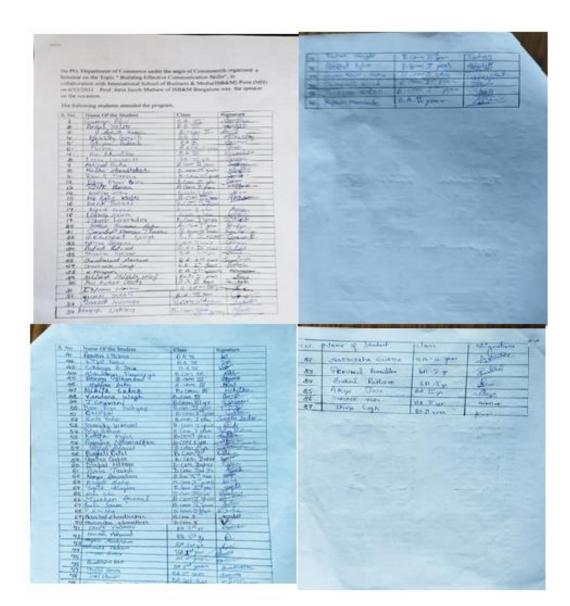


Date : 06-10-2022

:

Activity

Building Effective Communication Skills





Soft Skill Development P.G. Department of English Session : 2022-23

Date:03-02-2023Activity:Workshop on Theatre PerformanceNo. of Beneficiaries:108

The P.G Department of English Organized a Drama Performance to understand Acting and Stagecraft. The resource person was Mr. Mukesh Yadav, Fluency Theatre Group Mumbai, and his team. The main objective of the performance was to inculcate performance skills, public speaking skills and teamwork. The outcome was that students learned about theatre and performing arts.





Date	: 0	03-02-2023

:

Activity

Workshop on Theatre Performance

	St. Thomas 6	College, Bhilai	
Day a	nd Date Friday, 03/02/2023		
Activi	ity: Theatre- Acting and Stage	Code	
	nized by: P.G. Department of	English	
No. of	Beneficiaries		
S.No.	Name of the Student	Class	Signature
1.2	PALAK BANJARE	ASKING MRL	dia-
2	PRIVANCHE MICHIRA.	RS. PHY ME	tente
3	LIPHON	0.5 + Ply Mer	Withinks
4	Adotys Prepart	BOB setige	a hirgh
	Bullack Charlenny	But hid go	Gree -
	Mario Hellow	BUR and you	Alach.
F	Milal Game IL	203MZ	
•	Voch Buran	RIP2rd 2	Ele
	Apat	Branninger	Int
18	Akilah	0.00 ^{2.00}	ber
II .	Dent	BERTH West	DEAH-
3	Dedugh	lan)	fras
3	9 Fam	Birm-1	Questo
	6 Last Dablighan	Econ-T	Pay
•	Altre S Right	RAZRC-1	e i
1	KANISHIE MISHIN	BATT PICTT	A
F	Shakilar (44)	Lic III	T
	Yezah Bahl	BAC TH	riedal
	Therdraded Oak		
	Vaishald Miny	Asc Barner	Taile

49.	anof Ruthanaha	BCA-I	stat-
50.	Niyatî Yadax	BLR-I	and
51.	Rumilura State	BLA - I	Richa
52.	Santhi chouranta	BrA-J	Selia .
53.	PV Santya	B. Con 1	(5 P
54.	Khengenhan Sala	Eller-2	Aburlant
	Sudare Tablet	8.54- TOP	
56.	Dikise TRAN	The Billion of	Down
57.	Chargest Sales	ex-mina	- المراسليمول
58	Webs Sala	BALT (H3)	que
59.	Salvert Navata	8-(m (12)CnA	Kut
60.	Meetin Traken	Burdellow	aut .
61.	southtan 1	B. control(co)	Stelem
	Mourilia Shulle	E-thou (Hang)	Con Salaria
	Sukeli	6=3=	ant
	Africant Unit	· 泉山を死中	W.
	Second Para John	11-1-	
	Kanguh Johnes	Hicgher	YEASPALE
07. CO	Surfluant Nath	Magliner	Contraction of the local division of the loc
	Prague	Mr. 74 por	Fight
	Pay & Saint	No street	Buja
	Lagan Kiarce	No. 6 193	port-
72	Yadau Mane	MAGRAN	lagern
73	Start Jones Start David	M.A. Foglik	Gees
74.		B-R WITTE	SR.H.
Contraction of	Hidrohway steph Renaste	Burner and a state of the	10
	Yoursh Human Saina		the second s



1.	Taget Shalas	no the the
2.	South Mondai	R.S. ATZ American
23.	Narry Productory	Rise ST2
24.	Percipali Pourad	Rec 872 Carp
25.	Chuild Valshman	R.H. Lindana Alt
26.	Tanushner Yaday	R.A. find Year day
27.	Sumarya Cale	Rafart Year Vinet
	Toubhict have toked	La Fort man frashiet
	Lovini Thank	BP first your years
30.	Inistle Chatmachi	RAME final Switch
31.	Aujos Ahaa	MASA (South Star-
32.	5 Nomisha	Min try (soul) North
33.		MASY (Sout) Call
34.		BEDILGAN Say
35.	Ana Halla Mallas	Manh (re) tall
36.		17-120 100
37.	Som Talel	Hemicesof fit
38.	Mukid Saha	Bien Ad-3 State
39.	Melmith Sale	Blonged & Ver
40.	Haruha goral	Buch Hast
	Withol Minabar	BILL and
	Row Jawas Destinds	MATTON RAW.
	Logah dagate	HA TONY Reddie
44.	Samon Igkel	M.S. Marsty St
45.	Alkash Sani	Par Barry -
	idante Budr.	Rac 2 det
	Abelition of the	Ran I Marill
48.	Summaddhi Nay Chardta View Dawrynh	Dicentin Princip

73	N Shouts Unider	a main the
19	Ryada Madan	Bulls It Jun Black
80	Salemen Kinkett.	Bu Ro and has fight
- 81	Juli Barry	R.A = year dennys
82	Exclusive Rac	Both Bott pur Jul Yearny
. 83	Prino	Bill of year Ballindon
34	Programmenda	MANTERS BUR
85	Berne Holog	B. B. J. M. Marge
86	Kenita Brugst	Bedding Birth
87	Shruft Gari	MA 2nd pm Shoul
88	Cognition Brates	Bunitdyn (Di)
89	Janni Saku	Ny Martin Busit
90	Devictor Sala	Pac project - Fritz
31	Duthi salen	a construction of the second sec
42	Astha Rhall	ms. and then all
93	Anamika	Mar 2013, hall Capity.
414	Price alignet	HU SHUMPAL STON
35	Almedia puli	Reporter by Calin
將	pupihitha	my Blond Deeplexhan
	Maker Manwathan	MANYONA RELATION
98	Shqildh Kumor Singh	MANGERS STRATES
72	Aldringe soly Pratierta Monda	MA I Pan Shant
trb		and the second se
10	Comer Reipsger Bartin Tom	MARIA Josh
103	Naven paniel	
103		nager Alter
DIL	Shubborg 200 Arabika Bidpathi	MAGATE MARTA
165		and the second se
106	Mudita chandelya	BSC Englyon Madita
10.7	Hanshita Nayar	Bie Lo you Hoostone
08	Athibasa Venna	RSC MANSE MARSHA



Soft Skill Development P.G. Department of Microbiology and Biotechnology Session : 2022-23

Date:28-02-2023Activity:Debate & ExtemporeNo. of Beneficiaries:20

P.G. Department of Microbiology & Biotechnology organized a debate and extempore competition on the occasion of National Science Day on 28. 2. 2023. All P. G. Students took part in the competition. The topic of debate was "Socio Economic upbringing affects genes".





Date : 28-02-2023

: Debate & Extempore

No. of Beneficiaries : 20

Activity

	- Maria	- store	Ropic	A.Sen
2013 al an and 2014 alchaton - abland scines large	Sugar Spech	DANK AND IN ALL	toria - mai	Sais
any demanded of Islamper	Mores Rugert	MAR STREAME	Richyster dia her	parte
Asterity 1 - Dural and Islampter	Aller Ho.	M.S. WINDOW VICE	Innie anno	Minho
retes as of participants :- sto	Territo auto a	MA.Se wet rise with the	Anchedy	picker
ster m il hundhun	Theolog	Ma HAMBE	DRA Replication	reason
Teple Age	Figuel	Buse and are trise	Tentinlegy	Bugal
There is a reason whe will be Totherstopy Boyer	Tragen	ALTE STORE WAL	Norcena status	Wands
1) Haupite Bunhas Recention Flat wheel of almost de	Sugar	the strategy	Masterlan	Are
guing Oilar Line	51000	H.S. IIm Sec 20	e hay where	800
Stoppin King Harstor Child and high		Mar I mak		Gene
of Knight Feltrin Marrian Ruman part YEAR	pebab ter	myshin =	2.414	
5) quarante Pagant MERMULCU Ramon	Tople : -	Sec. a -Economi george	ce uphinging	appet
1) P. M. March B. Creath divider - North	Henter 1	I are the surveyor	: (Greap A)
92 Scener Sigh Mir II to Scenere ways 70 5	L. Brune	Lukea		
& Shelbhan Son Mr. J. B. Alumany A	-3 Aspan	h. Frankal Lugar Ha Denanger		
De Energhantend cally MACH By lived cally anothe	a longt	and allie		-

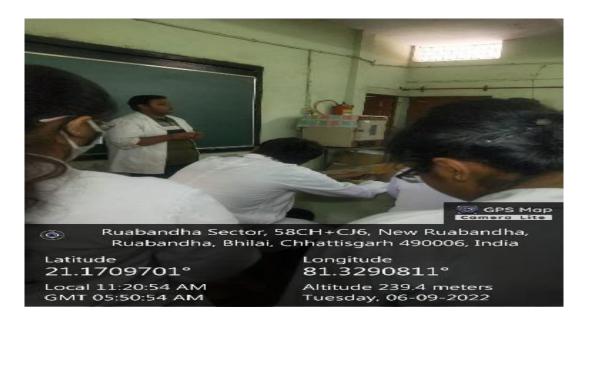


Life Skill Development P.G. Department of Microbiology and Biotechnology Session : 2022-23

Date: 12-09-2022 to 14-09-2022Activity: Cultivation of Oyster Mushroom

No. of Beneficiaries : 45

A 03-days skill development programme on "Cultivation of Oyster Mushrooms" has been organized by the P.G Department of Microbiology and Biotechnology, IQAC, Institutional Innovation Council, Entrepreneurship Development Cell, St Thomas College Bhilai in collaboration with Jan Sevak Samiti; NGO, Sector-2. The resource person of the programme was director of Jan Sevak Samiti Mr. Dinesh Singh. He explained convenient methods of mushroom cultivation; he enlightened the participants with the economical value of mushrooms in today's market. He gave live demo on preparation of mushroom bags. On the last day he briefly explained the process of spawn formation and its importance. Towards the end of programme there was a question/answer session for students. The total participants of the programme were 44. The event was encouraged and praised by Rev. Father Dr. Joshi Varghese and Principal of Institute Dr. M.G. Roymon.





Date : 12-09-2022 to 14-09-2022

Activity

: Cultivation of Oyster Mushroom

	the second second	
_ Alame of the Artivi	ty:- 3 days skill more on cultivation	
development Progra	more on cultivation	
Oyeter Mushroom.		
U U		
Date: - 12.09.200		
Keepure Person:	- Mr. Dinesh Singh 2	
	Director Jan sevak 1	5
	Samiti, NGO sector 2 2	
	Bhilai.	
	2	8
No. & 18st of Benef	iuanes:- 45 _2	
	1	0
S.NO Name of Beneficiavies	Uak som	
	1 1 2	
- Mitali Stosahu	D.S. 34 YEAN Milale	
& shîvanî Mîthlesh	B.Sc 3rd year Gun 2	
3. Rithika synsetly	B.SL 329 VOAN REVUILE	5
4 shalini kanshmat	ivky B.SI 32d Year (1)	10
5. Jyoti Prasad	B. S. 3rd Near tak	7
6. Annol Brakash	B. SL 309 Year Amy	3
7. Narendra kunnor Malic	wit B. Sc zel VOON Brahant	.0
8. Tulei chandra	a and w a	0
9. Pankaj Kumar Khana	Nu Day and Auditi	
in Namain	Bisc 2nel year waver 4	
L. Aerjani	Bise 2nd year Dure . 4	
1 12 Anushis Talutdar	Mile The and Millithat 4	
13. Vasucha Singh	1 Sein Districh With	
Vanishin Singh	MSC. III Sempilikan versitet	
14. Vishal Bargate	Mar 3rd seen Ba stand	
15. Shoron Subril	MS. BT-TIT LASS	
16. Sidahant Khane	B.S. Part 2(HATS) Sot	
17 Kiran 16 Mansi Suktel	M.Sc BT Sen III Herry M.Sc BT-III Monsilette	
18. Mansi Sukled	M.Sc BT-II Marsilette	
18. 11 Car		

		And the second s	(Ann - M	
N		1		1 16 16
N	19	Vasyndhara Sahu	M.SC. BT - TI SEM Johns	a lang
N	20		M.S.C. BT-TILSEN 202	1.0
1	_21_	Katha Sanyal	M.S. BT. M. Sem Rath.	100
1	_22_	Shilphan Mather	M.Sc. BT-Semilit Salter	
1	2.3	Pragali Minj	M.SC. BT-SemIII TRansti	124
1	24	Jack Thaken	MEC. RT(In Law)	
-	12	Sheetal Barwa	M.S. Mreis Semin Speed	
-2	_26	Happh Sahu	M.Sc Micro Sem II-takh	100
T	_ 27	Neha Tinan	Mile Micro - Semili Neno-	
-	28	Khyali Dewangan_	M.S. BT-Sem I Not	
-	_21	Jigyasha Sahu	M.Sc BT-SemI Torgen	
-	30	Brahmanand,	M.S. BT-Sem I Bratmapuis Mic RT. Com J DERV	
-	31	Saurge Singh	TOLDI Stins	
	32	Priyanter Sahu	Mee TH Botony Bysolen -	
	33	Rojiv Paul	M. SC TH Sen (Botang) Ran u pour	-
	34	Devbharat	M.Sc. III Botomy Gerom	-
	35	Sujet Minj	MISCOTT BOTANY Sing	
	36	Sachin Sahy	Mer. (poteny) south	
	37	Akavoha Patel	MSI LEA Robing	- 20.0
	38	Rhumika Sahu	M.SC Tot Botony Bachy	-07
	39	Monicha Patel	Mac 1st Botony Abdry.	-0.
	40	Anamile Saha	11501 condition of	
	41	Creetanjali	N.S.C (Batany) Yunday	
-	42	Schan	MSC (Boten) School	-
-	43	Tikeshwari	M.SC (Balary) When	-
-	44	Monilia Vikey	M.SC MICLO Scilling Dolly	-
1		Dolly Saku	M. Sc Micro Semilit Dolly	-
1	45	Doug Swan	lin hereting	-
1		Call minore after 35-07	- and a land	-
1			Liciary = 4500	- 12
1		Total no. of bene		
-		THE CONTRACTOR CONT	Wells eller	
-		M costa per	Hard Hard	-18 0
1		in the second man se		1
1		A State of the second se		



Life Skill Development Department of Education Session : 2022-23

Date : 10-10-2022 to 14-10-2022

Activity : Yoga and Mental Health

No. of Beneficiaries : 34

The Department of Education organized 5-day workshop on "Yoga &Mental Health" from 10th to 14th October 2022. In which students from different departments participated and took advantage of its benefits. Prachi Bhattacharya, a member of Chhattisgarh Yoga Ayog was the chief guest.35 students from different streams benefited from this workshop.





Date : 10-10-2022 to 14-10-2022

Activity : Yoga and Mental Health

S. No.	Name of Students	Class	S. No.	Name of Students	Class
1	Priya Shrivas	B.Ed. 1 Sem.	18	Anshumana Kerketta	B.Ed. 1 Sem.
2	Lisa Sanju	B.Ed. 1 Sem.	19	Minakshi	B.Ed. 1 Sem.
3	Neeta Sonber	B.Ed. 1 Sem.	20	Sanchana Sahu	B.Ed. 1 Sem.
4	Pallavi Sahu	B.Ed. 1 Sem.	21	Julie Gagrai	B.Ed. 3rd Sem.
5	Stuti Hariharno	B.Ed. 1 Sem.	22	Namrata Minj	B.Ed. 3rd Sem.
6	Princie Kujur	B.Ed. 1 Sem.	23	Aman Sharma	B.Ed. 3rd Sem.
7	Anupam Rosie Minj	B.Ed. 1 Sem.	24	Sushma Mishra	B.Ed. 3rd Sem.
8	Priyanka Kujur	B.Ed. 1 Sem.	25	Esha Rani Gardia	B.Ed. 3rd Sem.
9	Parasnath Verma	B.Ed. 1 Sem.	26	Palak Sahu	BBA 1st year
10	Sanket Banjare	B.Ed. 1 Sem.	27	Chaitanya Sahu	BA 3rd year
11	Kavita Bhagat	B.Ed. 1 Sem.	28	Shriya Santosh	B.com 2nd year
12	Prerna Trikey	B.Ed. 1 Sem.	29	Neha Minj	B.Ed.1 Sem.
13	Pareena George	B.Ed. 1 Sem.	30	Megha Pisda	B.Com .1st year
14	Surbhi Mahata	B.Ed. 1 Sem.	31	Aparna Sahu	B.Sc.1st year
15	Julie Minj	B.Ed. 1 Sem.	32	Anisha Sahu	B.Com.1st year
16	Daniel P. U	B.Ed. 1 Sem.	33	Vibha Deshmukh	B.Sc.1st year
17	Amisha Lakra	B.Ed. 1 Sem.	34	Monika Dhruw	B.Sc.1st year



Life Skill Development Department of Psychology Session : 2022-23

Date:10-10-2022Activity:World Mental Health Day-Poster Making CompetitionNo. of Beneficiaries:15

The P.G department of Psychology in order to foster mental health decided to provide platform to students so that they express their thinking creatively through Art. Various students from different streams such as Humanities and Commerce participated in the Poster Making Competition. The theme of this Competition was Spreading Happiness. The Participants expressed their understanding of Mental Health through Crafts also. The outcome of the event concluded various ways to be happy. Students emphasized on the importance of Healthy Lifestyle, Positive Thinking and seeking help when needed to be Happy. The Importance of Nature and Clever use of Technology was also pointed out for Happiness. The students not only participated but also shared their vision for Happy life through their paintings. Oorja Parwana of MA SEM I gained first position, Noopor Sanjana Das of BA II gained second position, and Shubham Kumar of MA SEM I gained third position. Aleena Mary Jiji of BA II, Rohan Soni of BA II and S Smita of BA III gained Consolation Prizes.

Outcome of the Program – The students learned about the various mental hygiene techniques that lead to Happiness and increase well-being.





Date : 10-10-2022

Activity

: World Mental Health Day-Poster Making Competition

S. No.	Name of Students	Class
1.	Shubham Kumar	MA SEM I
2.	Oorja	MA SEM I
3.	Palak Agrawal	MA SEM III
4.	Nitish Singh	BA III
5.	Smita	BA III
6.	Kiron Roy	MA SEM I
7.	Anita Jagat	MA SEM I
8.	Shriya Santosh	B COM III
9.	Harshita Jolhe	BA II
10.	Vineeta Markande	BAI
11.	Aleena Mary Jiji	BA II
12.	Deepak Chandak	MA SEM III
13.	Ravi Deshmukh	MA SEM I
14.	Nupoor Sanjana Das	BA II
15.	Rohan Soni	BAII



Life Skill Development

P.G Department of Commerce Session : 2022-23

Date : 11-10-2022

Activity : Investor Awareness & Career Oriented Programme on Capital Market

No. of Beneficiaries : 271

The PG. Department of Commerce of St. Thomas College Bhilai under the aegis of COMMZENITH and IQAC of the college in collaboration with CDSL (Central Depository Services India Ltd. And BSE (Bombay Stock Exchange) conducted "INVESTOR AWARENESS PROGRAM" on 11/10/2022. The Resource Persons were Mr. Tanmay Acharya currently posted in BSE IPF alumni of the College and Mr. Ravi Arya Resource Person of CDSL of MP and CG region. Mr. Tanmay Arya gave an overview of the Security Market. Mr. Ravi Arya covered the topic on capital Market and also threw light on the minute details of the capital market.





Date : 11-10-2022

:

Activity

Investor Awareness & Career Oriented Programme on Capital Market





Life Skill Development P.G Department of Chemistry Session : 2022-23

Date : 03-11-2022

Activity : Save water save life

No. of Beneficiaries : 20

The Department of Chemistry organized an activity of 'Save water save a life" under the agies of ACES. Students of M.Sc. I and III sem. Chemistry prepared placards mentioning the importance of water conservation in slogans and poster form principal Dr. M.G. Roymon in his address appreciated the staff to initiate such activity with social message. Students participated activity of saving water in the other departments of the college.





Date : 03-11-2022

Activity

: Save water save life

S. No.	Name of Students
1.	Aakash
2.	Aanchal Kannoje
3.	Chanchal Singh
4.	Dipti
5.	Gaurav Gautam
6.	Harshita Yadav
7.	Jesna Saji
8.	Khileshwari
9.	Komal Sahu
10.	Monica Dalal
11.	Purnima
12.	Radhika Kashyap
13.	Rajani Binod
14.	Rupal Verma
15.	Sakshi Yadav
16.	Samarth Gupta
17.	Shailja
18.	Sakshi Kumari Mishra
19.	Tarun Koshale
20.	Yonesh Banpela



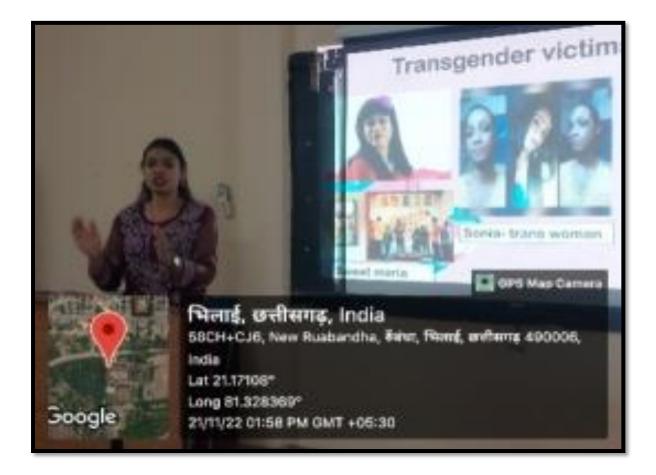
Life Skill Development P.G Department of English Session : 2022-23

Date : 21-11-2022

Activity : Observing Transgender Day of Remembrance

No. of Beneficiaries : 69

The P.G Department of English and Women Cell Organized a Programme to observe Transgender Day of Remembrance .The invited resource person was SakshiSainik Alumni pass out batch 2021-2022.The main objective of the programme was to develop a feeling of humanitarian concern and respect for the third gender. Various Transgender activists and their contribution for the upliftment of Third gender were discussed along with existence of them in Hindu mythology. The outcome was that students were motivated to respect third gender.





Date : 21-11-2022

:

Activity

Observing Transgender Day of Remembrance

S No.	Name of the Students	Class	S No.	Name of the Students	Class
1	Reema Singh	B.A I	36	Shreya	B.A III
2	Pratyush Sahu	B.A I	37	Dipti	B.A III
3	Gurmeet Singh	B.A I	38	Disha	B.A III
4	Daksh Raj	B.A I	39	Sukanya	B.A III
5	Manmohak	B.A I	40	Arzoo Khan	M.A I Sem
6	Sheryil . P. Anil	B.A I	41	Deepshika Bhoi	M.A I Sem
7	Sakshi Rathod	B.A I	42	ShrutiGiri	M.A I Sem
8	Soumya Kerketta	B.A I	43	Sonali Paul	M.A I Sem
9	Perumal Avantika	B.A I	44	Nitin Chandra Thakur	M.A I Sem
10	Himani Netam	B.A I	45	Shailesh Singh	M.A I Sem
11	Anisha Ekka	B.A I	46	Prashant Singh	M.A I Sem
12	SahilNetam	B.A I	47	Manisha Yadav	M.A I Sem
13	Shashank	B.A I	48	Sakshi Hirkane	M.A I Sem
14	N. Aryan	B.A I	49	S Nimisha	M.A I Sem
15	Vinay	B.A I	50	Annkita Kar	M.A I Sem
16	Shristy	B.A I	51	Sneha Minj	M.A I Sem
17	Juhi	B.A I	52	Manwatkar Mehak	M.A I Sem
18	DhritiVaishnav	B.A I	53	Swetha	M.A I Sem
19	Aleena Mary Jiji	B.A II	54	K Sai Neha	M.A I Sem
20	Aditi Khare	B.A II	55	Ansha Bharadwaj	M.A I Sem
21	Aman Sharma	B.A II	56	Aishwarya Sahu	M.A I Sem
22	Arya Jain	B.A II	57	Sanjay Deshmukh	M.A I Sem
23	C.M Sofia	B.A II	58	Bipasha Sokey	M.A I Sem
24	Garima Sharma	B.A II	59	Shubhang Das	M.A I Sem
25	Kairen Paul	B.A II	60	Naveen Daniel	M.A III Sem
26	HarshitaJolhe	B.A II	61	Shruti Daniel	M.A III Sem
27	Afzal Quraushi	B.A II	62	Anshika Tripathi	M.A III Sem
28	Khushboo Patnaik	B.A III	63	Rimpi Shrivastava	M.A III Sem
29	Shaina Paul	B.A III	64	Jyoti Verma	M.A III Sem
30	Shivani Pathak	B.A III	65	Gaurav Kamble	M.A III Sem
31	Amon Wilson	B.A III	66	Lagan Khare	M.A III Sem
32	Chandrakant	B.A III	67	Pratiksha Mandal	M.A III Sem
33	Taslim	B.A III	68	Umang Bajpai	M.A III Sem
34	Yindesh	B.A III	69	Pragya Soni	M.A III Sem
35	Liza Lonwanshi	B.A III			



Life Skill Development Department of Psychology Session : 2022-23

Date: 28-01-2023Activity: Art Therapy: Theory and Applications.No. of Beneficiaries: 40

The P.G Department of Psychology St Thomas College, Bhilai under the agesis of Psychometricians organized a workshop on Art Therapy. The programs' theme was Art Therapy: Theory and Applications. The session was very engaging where discussion focused on both various theoretical perspectives and practical choices in art therapy. The main idea behind this session was the sharing of academic and Field experience and path to process in Art by the Resource person Neil Chaudhary. Students understood Art Therapy as Creative expressions that fosters psychological healing. The students learned about the various creative pieces such as Dance, Clay work, Vocal work, Painting and Meditation to develop self-awareness, explore emotions and address unresolved emotional conflict. The Clients in the therapy are always looking for truth and truth is different from every client.

Various principles such as Neuroplasticity application in Art therapy was explained.





Date 28-01-2023 :

Activity

Art Therapy: Theory and Applications. :

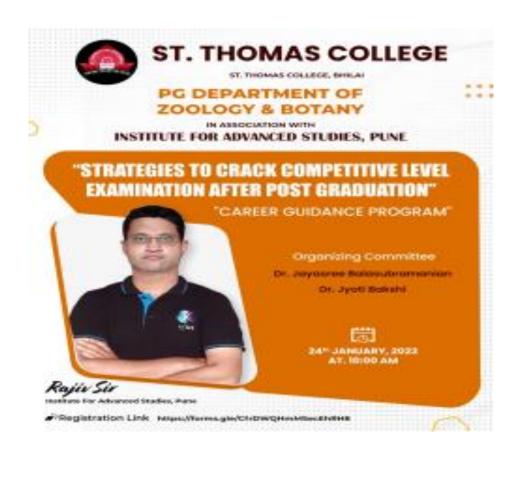
S. No.	Name of Students	Class
1.	Rupesh Ku. Mannade	B.A-II
2.	Rohan Ku Soni	B.A-II
3.	Harshita Jolhe	B.A-II
4.	Oorja Parwana	M.A SEM-II
5.	Subham Kumar	M.A SEM-II
6.	Dropati Singh	PGC
7.	Anita Jagat	M.A SEM-II
8.	Shailesh Kumar	M.A Prev
9.	Ravi Ku. Deshmukh	M.A SEM-II
10.	Santan Das	M.A Prev
11.	Monika Verma	M.A Prev
12.	Celeste Sajeev	B.A-II
13.	C.M Sofiya	B.A-II
14.	Priya	M.A SEM-II
15.	Prabjhot Kaur Sokhi	B.A-I
16.	Mansi Sahu	B.A-I
17.	Nageeta Kurre	M.A Prev
18.	Githin George	M.A SEM-IV
19.	Palak Aggarwal	M.A SEM-IV
20.	Surekha Jawde	PGC
21.	Chandrakant Markam	B.A-III
22.	Anuruddhika Singh	B.A-I
23.	Anuj Ku Ukey	M.A SEM-II
24.	Harmendra Tandan	M.A SEM-II
25.	Shraddha Verma	M.A SEM-IV
26.	H. Raj	M.A Prev
27.	Dhriti Vaishnav	B.A-I
28.	Visakha Wahane	M.A Prev
29.	Monika Verma	M.A Prev
30.	Genuka Tarak	M.A Prev
31.	Garima Sharma	B.A-II
32.	Joshi Varghese	PGC
33.	Himanshu Chaudhary	M.A Prev
34.	Ch. Sowjanya	M.A Prev
35.	Niraj Chaubey	M.A Prev
36.	Shyamali Mehta	M.A SEM-II
37.	Meenakshi Chandrakar	M.A Prev
38.	Subodh Ku Sahu	M.A Prev
39.	Meenal Sahu	M.A Prev
40.	Charu Sahu	M.A Prev



Life Skill Development P.G Department of Botany Session : 2022-23

Date:28-01-2023Activity:Strategies to Crack Competitive Level after PGNo. of Beneficiaries:20

The PG Department of Botany and Zoology, St. Thomas College, Bhilai has organized a oneday interactive talk on career guidance programs for B.Sc & M.Sc students in association with the Institute for Advanced Studies, Pune on 24th January 2023 at 10 am. The session was chaired by Mr Rajiv where he interacted with students and shared how to prepare and crack competitive level examinations.





Date

: 28-01-2023

Activity

: Strategies to Crack Competitive Level after PG

S.No	Name of Students	Class
1	Anamika Sahu	M.Sc Sem II
2	Monika Patel	M.Sc Sem II
3	Akansha Patel	M.Sc Sem II
4	Preeti Yadav	M.Sc Sem II
5	Pragati	M.Sc Sem II
6	Himani Sharma	M.Sc Sem II
7	Sohan Verma	M.Sc Sem II
8	K S Zachaeria	M.Sc Sem II
9	Tikeshwari	M.Sc Sem II
10	Mamta Sahu	M.Sc Sem II
11	Aastha Bhatt	M.Sc Sem II
12	Bhumika Sahu	M.Sc Sem II
13	Dahendra Kr Sahu	M.Sc Sem II
14	Vaishali Choubey	M.Sc Sem III
15	Dev bharat	M.Sc Sem III
16	Priyanka Sahu	M.Sc Sem III
17	Archana Sahu	M.Sc Sem III
18	Heena Sahu	M.Sc Sem III
19	Damini Thakur	M.Sc Sem III
20	Barkha Pal	M.Sc Sem III



Life Skill Development Department of Psychology Session : 2022-23

Date	:	25-02-2023
Activity	:	Alumni Meet: Counselling as a career and latest Counselling Techniques

No. of Beneficiaries : 22

The P.G Department of Psychology at St. Thomas College, Bhilai organized a career counselling and Counselling Technique Training session for the present PG students. This program theme was **Counselling as a career and latest Counselling Techniques** was very engaging where discussion focused on both academics and vocation choices in Counselling vocation. The main idea behind this session was the training of Counselling Technique and path to career by the alumnus Ms. Vaibhavi Ingle.

The Present students of the department learned about the Counselling Techniques that have emerged as a result of changes in post covid era. Students learned about the basic concepts of counselling. The training also encouraged students to gain insights from the experience of the speaker.

The resource person of the event Ms. Vaibhavi Ingle shared her experience on academic journey to getting established as a Consultant Psychologist. She stressed on the job profile and the role she plays in the Clinical Field of Psychology. She gave inputs regarding how to deal clients and the other aspects of personality development that has to be developed for a clinical career.





Date : 25- 02-2023

Activity

25-02-2023

: Alumni Meet: Counselling as a career and latest Counselling Techniques

S. No.	Name of Students	Class
1.	Kiran Roy	MA SEM II
2.	Suman Bhai	BA III
3.	Anuj kumar	MA II
4.	Jyoti purng	MASEMII
5.	Mansi Sahu	BA I
6.	Palak Agrawal	MASEM IV
7.	Nitish singh Thakur	BAIII
8.	Cleste Sajeev	BAII
9.	C.M.Sofiya	BAII
10.	Purva	BAII
11.	K.Sonali	BAIII
12.	Megha merin	MA SEM IV
13.	Sambodhi wahane	MA IV
14.	Divya singh	BA II
15.	Saaleha	BAII
16.	Saman Sahu	PGDGC
17.	Deepak chandak	MA IV
18.	Ravi deshmukh	MASEM II
19.	Anita jagad	MASEM II
20.	Shyamli Mehra	MA SEMII
21.	Harmendra	MA SEM IV
22.	Nitish Singh Thakur	BA III



Life Skill Development Department of Management Studies Session : 2022-23

Date:08-04-2023Activity:Webinar in collaboration with DMTIMS Navi MumbaiNo. of Beneficiaries:73

Ms. Kishhori Shankar Founder, Partner CORSKILLS from DMTIMS Navi Mumbai took a session on Chat GPT in management and explained the overview and functions of CHAT GPT.





Date : 08-04-2023

Activity

: Webinar in collaboration with DMTIMS Navi Mumbai

S.NO	STUDENT NAME	CLASS	S.NO	STUDENT NAME	CLASS
1.	Ananya pandey	1 st sem	38.	Chaya Deshmukh	3 rd sem
2.	Ayush Kumar singh	1 st sem	39.	Chavi Tiwaari	3 rd sem
3.	Ayush Kumar singh	1 st sem	40.	Gaurav Lodha	3 rd sem
4.	D. Ravi	1 st sem	41.	Harshita Rai	3 rd sem
5.	Gautam Jaiswal	1 st sem	42.	Neeraj	3 rd sem
6.	Harshwardhan Sahani	1 st sem	43.	Nidhi Gaikwad	3 rd sem
7.	Ishita Bhardwaj	1 st sem	44.	Nisha	3 rd sem
8.	Mahi Thakur	1 st sem	45.	Sahil Gupta	3 rd sem
9.	Muskan Mohnani	1 st sem	46.	Simran Khemani	3 rd sem
10.	Nidhi Gupta	1 st sem	47.	Sunil Pradhan	3 rd sem
11.	Padmalochan Durga	1 st sem	48.	Sushant K. Verma	3 rd sem
12.	Prachi Verma	1 st sem	49.	Tarun Chopda	3 rd sem
13.	Prerna Borkar	1 st sem	50.	Yashashvi Pratap	3 rd sem
14.	Riya Raj Bhandari	1 st sem	51.	Gaurav Jhamani	3 rd sem
15.	Roshan Rajwade	1 st sem	52.	Priyanka Badai	3 rd sem
16.	Ruchita Biswal	1 st sem	53.	Adnan Faizy	5 th sem
17.	Sayyed Ayan Ali	1 st sem	54.	Akshat Bhalla	5 th sem
18.	Shrijan Sahu	1 st sem	55.	Ankit Agrawal	5 th sem
19.	Somesh Mishra	1 st sem	56.	Bhubaneshwari	5 th sem
20.	Soumyajeet Santra	1 st sem	57.	Chanda Harpal	5 th sem
21.	Swati Pandey	1 st sem	58.	Chanchala	5 th sem
22.	Swati Soanbarsa	1 st sem	59.	Devanshu Sahu	5 th sem
23.	Tisha Tawri	1 st sem	60.	Dhairya Gulwani	5 th sem
24.	Vimal Yadav	1 st sem	61.	Koena Murthy	5 th sem
25.	Vineet	1 st sem	62.	Lija Gaud	5 th sem
26.	Yash Shakya	1 st sem	63.	Nischint Bhatia	5 th sem
27.	Yukta Rajak	1 st sem	64.	Priya Sharma	5 th sem
28.	Yukti Gandhi	1 st sem	65.	Radha Kurrey	5 th sem
29.	Simmi Singh	1 st sem	66.	Rashmita Das	5 th sem
30.	Abeer Iqbal	3 rd sem	67.	Ritika Yadav	5 th sem
31.	Aakash Poddar	3 rd sem	68.	Ritu kumara	5 th sem
32.	Ambika Thappa	3rd sem	69.	Sanjana nashine	5th sem
33.	Amulya	3rd sem	70.	Shraddha	5th sem
34.	Anush Pandey	3rd sem	71.	Tushar Sarin	5th sem
35.	Aryan	3rd sem	72.	Tushar Jaswani	5th sem
36.	Ayush Behra	3rd sem	73.	Yashashvi Dubey	5th sem
37.	Bhumika Rathore	3rd sem		•	



Life Skill Development Department of Education Session : 2022-23

Date:10-04-2023 to 15-04-2023Activity:6 Days Workshop on Way of life (Mental and Physical Fitness)No. of Beneficiaries:9

The workshop on Mental & Physical Fitness was organized by the Department of Education, St. Thomas College, Bhilai. The Resource Person for the workshop was Mrs. Prerna Gupta (fitness trainer), Dr. Sonia Popli and Dr.Anupama Gangrade. The Convener for the certificate workshop was Dr. Anupama Gangrade. The number of beneficiaries were 09 students.





Date : 10-04-2023 to 15-04-2023

Activity : 6 Days Workshop on Way of life (Mental and Physical Fitness)

S. No.	Name of Beneficiaries
1.	Madhusmita Sahu
2.	Preeti
3.	Madhulika
4.	Jyoti Chandrakar
5.	Sushma Mishra
6.	Rahul Kumar
7.	Vijay Kumar
8.	Sourabh
9.	Ritu



Life Skill Development **Department of Management Studies** Session : 2022-23

Date 10-04-2023 to 15-04-2023 :

Activity

Certificate Programme in Collaboration with : Vincent Palloti College, Raipur

No. of Beneficiaries : 61

Department of Management Studies organized 3rd session of certificate Program on Professional Business Skills in collaboration with St Vincent Palloti College Raipur for the overall personality development of students before entering into corporate world. During the program sessions were organized on the topic Power Skills and Observation Skills, Future Change makers, Self Directed Learning and Emotional Intelligence, Personal and Social Competency Skills at Work place and Self Skill Realization and development of Skill through continuous practice.





Date

: 10-04-2023 to 15-04-2023

Activity

: Certificate Programme in Collaboration with Vincent Palloti College, Raipur

S.NO	STUDENT NAME	CLASS	S.NO	STUDENT NAME	CLASS
1.	Geshu Jaiswal	1 st sem	32.	Megha	
2.	Tisha Tawri	1 st sem	33.	Dhairya Gulwani	5 th sem
3.	Ayush Kumar Singh	1 st sem	34.	Yashasvi Dubey	5 th sem
4.	Arun Kumar	1 st sem	35.	Lovee	3 rd sem
5.	Chitranksha Rajput	1 st sem	36.	Chetan Kumar	5 th sem
6.	Ritu Agrawal	3 rd sem	37.	Ruchita Biswal	1 st sem
7.	Priya Goyal	3 rd sem	38.	Ayush Kumar Singh	1 st sem
8.	Ananya tiwari	3 rd sem	39.	Noopur Niwal	3 rd sem
9.	R. S. Ashwathy	3 rd sem	40.	Satpal Singh	5 th sem
10.	Amulya Chandravanshi	3 rd sem	41.	D. Ravi	1 st sem
11.	Harshvardhan Sahani	1 st sem	42.	Lija gaud	5 th sem
12.	Mahi Thakur	1 st sem	43.	Aryashree Shivastava	1 st sem
13.	Somesh Mishra	1 st sem	44.	Rupali Soni	1 st sem
14.	Riya Raj Bhandari	1 st sem	45.	Bhumika Rathore	3 rd sem
15.	Koena Murthy	5 th sem	46.	Sushant Verma	3 rd sem
16.	Ishita Bhardwaj	1 st sem	47.	Rashmita Das	5 th sem
17.	Yukti Gandhi	1 st sem	48.	Aryan Kumar Vishvakarma	3 rd sem
18.	Muskan Mohnani	1 st sem	49.	Harshita Rai	3 rd sem
19.	Khushi Harjani	1 st sem	50.	Subhashree	5 th sem
20.	Palak sahu	1 st sem	51.	Devanshu Sahu	5 th sem
21.	Ankit Agrawal	5 th sem	52.	Aditi Gupta	3 rd sem
22.	Harshita Chandrakar	1 st sem	53.	Vishvajeet Shah	5 th sem
23.	Vimal Kumar Yadav	1 st sem	54.	Swati Soanbarsa	1 st sem
24.	Chaya deshmukh	3 rd sem	55.	Soumyajeet santra	1 st sem
25.	Neeraj Kumar	3 rd sem	56.	Shreya Tiwari	1 st sem
26.	Yash Shakya	1 st sem	57.	Aakash Kumar poddar	3 rd sem
27.	Prerna Borkar	1 st sem	58.	Zeenat Sheikh	5 th sem
28.	Simran Khemani	3 rd sem	59.	Anisha Barwa	1 st sem
29.	Priyanka Badai	3 rd sem	60.	Ananya Pandey	1 st sem
30.	Chanda Harpal	5 th sem	61.	Aarti Deshmukh	1 st sem
31.	Gautam Jaiswal	1 st sem			



Life Skill Development Department of Psychology Session : 2022-23

Date: 28-04-2023Activity: Workshop on 'World Day for Safety & Health at WorkNo. of Beneficiaries: 24

St. Thomas College, Bhilai in collaboration with SAMAGRA conducted a day-long workshop on **"World Day for Safety & Health at Work**." P.G Dept. of Psychology, St. Thomas College, Bhilai conducted a workshop on" World Day for Safety & Health at Work". The resource person of the program was Dr. Abha Shashi Kumar, founder and convenor of SAMGRA, Family Development Centre, Bhilai.

In her speech, she informed the students about resilience and its importance. She explained importance of health by explaining relationship between emotional intelligence, addictive behaviours and resilience. The various trends and changes in the field of Industrial safety and health were also explained in the workshop.





Date : 28-04-2023

:

Activity

Workshop on 'World Day for Safety & Health at Work

S. No.	Name of Students	Class
1.	Shubham Kumar	M A SEM II
2.	Ravi kumar Deshmukh	M.A SEM II
3.	Oorja Parwana	M.A SEM II
4.	Anuj Kumar	M.A SEM II
5.	Ranju Prajapati	M A SEM II
6.	Jyoti Purang	M A SEM II
7.	Sudhir Verma	MA SEM IV
8.	Shyamli Mehta	M.A SEM II
9.	P Avantika	BA -I
10.	Himani Netam	BA -II
11.	Kumkum Baghel	B. Sc-I
12.	Sukanya Anandita Jena	BA -III
13.	Pratiksha Pandey	MA SEM IV
14.	Santosh Yadav	STC STAFF
15.	Nachiket Jayesh Shingne	B. Com III
16.	Mansi Sahu	BA-I
17.	Nitish Singh Thakur	B A -III
18.	Palak Agrawal	MA SEM IV
19.	Madhuri Bara	M.A SEM II
20.	Niharika Gaharwar	PGDGC
21.	Rohan Alex	MA SEM IV
22.	Sambodhi	MA SEM IV
23.	Shraddha Verma	MA SEM IV
24.	Upasana Verma	MA SEM IV



Life Skill Development P.G Department of Physics & Electronics Session : 2022-23

Date: 10-05-2023Activity: Innovative Ideas for the Project & Career Guidance
in the Research Fields

No. of Beneficiaries : 18

The Department of Physics & Electronics organized the Career Guidance programme in the Research Fields.





Date	:	10-05-2023
Activity	:	Innovative Ideas for the Project & Career Guidance in the Research Fields
No. of Beneficiaries	:	18

Department of Physics & Electronics Session 2022-23 Class : M.Sc. IV Sem Date: 10/05/2023 S.No Name of Student Signature abil -1 Abid Ahmed Khan 2 Apartel. Ashish Patel 3 Dharna Gautam Dharna 4 Gulshan . R. Soan Gullsham Jaishaly 5 Jaishaly Dewangan 6 Jharna Belgahe Helgehe Julsh 7 Jitesh Bandari Wany de 8 Madhyam Das Vaishnav Andnish 9 Manish Prakash 10 Piyush Piyush Kumar Verma 11 Brauin Pravin Kumar 12 Selfshigh Sakshee Sahu -40 13 Shashank Santoshwar (4) 14 Sheeba Mary Abs 15 Smriti Mishra 16 Sonal Sahoo a 17 Swapan Swapan Mandal 18 Tejas Patel



Language & Communication Skill P. G. Department of English Session : 2022-23

Date:08-08-2022 to 10-09-2022Activity:Certificate Program on Communication SkillsNo. of Beneficiaries:59

The P.G. Department of English organized a Certificate Program on Application Writing, Resume Writing, and Situational Conversation. The objective of the session was to develop good Speaking and Writing Skills. The Session covered all areas needed to train students to create good CVs and resumes for their Career Enhancement. The outcome of the program was students were well acquainted with Creative Writing and Situational conversation.





Date : 08-08-2022 to 10-09-2022

Activity

: Certificate Program on Communication Skills

-	Hame of students	a= 1088			
	Apasna Mahobiya	Ben-III	1	rsame of students	1 1710.8
18	Ruchika Prasad	Bee-III			1
31	Amil Pratap Sigh	6 6 4-5	3.0	Chandradeep Sabu	16. 6 E . T
4	Himanshu Vernia	13 13.11.5	210	Chandrapprabha todhi	\$1.50 m
6	Roshani Dhankar	13.00 m 0	34	Tumeanward Jawangan	M S. R.
6	Aanishi Titus	13.00 II	35	Sulekha Laksa	MS. Br
-Ta	Grayatri Chandrahar	Bibe	36_	Rajiv Paul	Mise Br
8	Sujata Nirmallear	13.50 TT 5	.99	Sujert Minj	M & Ba
9	Mandira Datte	B.B.C. TA	38	nath Diawna	13.54 3
10	Polyanka Singh	B.S.G. I	39	Aastha Kumari	Bach
11	Khyali Pandey	B.S.C. H	40	Om Janghel	B-St. W
12.	-Triph Shahn	13. Se 2 -	dat		18 Be 2
13	Shout' Chouhan!	B.sc. W	44	Sumpour Mondal	Marph
14	Ayushi Mishina	13 6C. T	113		M.S. P
15	Shishli Mandavi	B B6-2 5	44	Sibi Dominud	BBET
16	Tejasvace Sharva	13 50 - 1 1	45	Charles and the second second	M.d. Ph
10	Prashant Day	B.Se. D9	1.0	and the second se	MI-SAP
10	Navien Kumal Sahu		101	Tejas Patel	MELP
19	Vaman Singh	13 Se 11 1	48		Mise P
.20	Joel Jose	Bacm		Taishaly Dewangan	M. Se pl
.81	Ashish Rab	B. Sc. W.	Sec.	Dhangy Yadav	0. ac 3
.94	Chandsika Nag	B Sc. ml	01	Richhar	15 St 8
4.5	Vandana Thalcur	B 36 - TR 3		The second s	Back
24	Diksha Taxam	6 36 - THE	53		BR. S
25	Sounya Beck	0.84-11	04		B Se. S
20	Charichal Sahu	B. Bc - 11 6		Abid uned	Bise 'n
12.12	Proya Sahu	13.30- 11 2	- 6	Aunita Sahu	8365
-28	Anshika Shahma	B Be- Ti	.07	Priyanka sale	1329
.29	Shaziya Tram	B. Sc. mit	38	Alphana Jake	B.0+ 9
30	Yogesh Dates	13. 8c - 10	3405		Bin B
31	Shubban Saha	B. Se - me	-	Serveit	



Language & Communication Skill P. G. Department of Commerce Session : 2022-23

Date:06-10-2022Activity:Seminar on "Building Effective Communication Skills"No. of Beneficiaries:87

The PG. Department of Commerce under the aegis of Commzenith organised a Seminar on the Topic "Building Effective Communication Skills", in collaboration with International School of Business & Media (ISB&M) Pune (MH) on 6/12/2022. Prof. Jerin Jacob Mathew of ISB&M Bangalore was the chief speaker on the occasion. Mr. Ajay Ketan Nayak Assistant Vice President International School of Business & Media Pune (MH) and Mr. Sachin Verma from ISB&M Bhopal (MP) were also present who coordinated in making the program a success.





Date	:	06-10-2022
Activity	:	Seminar on "Building Effective Communication Skills"
No. of Beneficiaries	:	87





Language & Communication Skill P. G. Department of Economics Session : 2022-23

Date:20-10-2022Activity:Group Discussion on the Topic: Current Scenario of Global EconomyNo. of Beneficiaries:11

The PG Department of Economics organized a Group Discussion on 20th October 2022 on Current Scenario of Global Economy. The main purpose of this Group Discussion involve students to think critically and express their views.





Date : 20-10-2022

:

11

Activity

Group Discussion on the Topic: Current Scenario of Global Economy

S. No	Name of Student	Class
1.	Nitish Singh Thakur	BA III
2.	Jahnavi	BA III
3.	Ravi	BA III
4.	Sukanya Anandita Jena	BA III
5.	Deepanjali	BA III
6.	Aastha Mishra	BA III
7.	Chaitanya	BA III
8.	Megha Dhidhi	MAII
9.	Deepika Singh	MAII
10	Bhimanshu Sahu	MAI
11.	Parul Chourasiya	MAI



Language & Communication Skill P. G. Department of English Session : 2022-23

Date:03-02-2023Activity:Workshop on theatre Performance "Acting and Stage Craft"No. of Beneficiaries:108

The P.G Department of English Organized a Drama Performance to understand Acting and Stage craft .The resource person was Mr. Mukesh Yadav, Fluenzy Theatre Group Mumbai and his team .The main objective of the performance was to inculcate performance skills , public speaking skills and team work. The outcome was that students learned about theatre and performing arts.





Date : 03-02-2023

Activity

: Workshop on theatre Performance "Acting and Stage Craft"

			1 22	Total Tanta	an after	shirt
	ofep, Shihi		22.	Call to bit	15.612	Lute
9 and Date / Friday, Multiplet			23	Pony Barline	1.51.610	mander
torivity: Theorem Acting and State Cruit Distribution for: P.G. Bequeroscol of English			21	ne france	N. 6 381	- 11
			10.7	State to Low	B.d. Bad bas	the
			2%	Righten Press	LERIA	
of Residencies			44/4	arbinight balls	Barlint Arrow &	1-34
The loss of the basis of	The B	-	28.	SUBPLY FARM THAT	AND MAKEN 1	
PALAPE ISSUES		per,	23.	John Buck	At Lorn 1	an 18
PRAVILLE LAWRE	The second secon	Contra Co		with Material		HALL
1.8144	ALL OF YORKERS	4404	Ki.,	lijes dear	MARY LOND &	de-
phone angest	RB COP	and the	2.46	H ALEXAND	A 8 44 200	N-394
Inited Judity	Sil PAP	hot :	38.	Secta 1	it with a	APERE
Mar Clines	L get a	she.	24.	Sis, Maries	BACLISSON &	-7
Tich. Amin	Aracet a	265	38.	iper prof.	The Share	3
had	LUTTA LUTTA RUTA LUTA			Anton Tanka	dam's of	al .
Acies	ALC: MAL	Art.	II.	Add Sele	Ron Bl-2	the second
Ditte:	EL Parane	Anne -	10 t	Paralle Sill	10-iller	
	the stand of some stand of the		4.	JILLIA LAND	Der I	141
Read Inc.	lon	And and a state of the state of	41.	Will North		(ALL)
& Roll Minter Rom	bering	54	42	Lan horn Discusta	TALED -	Cali
Lila S Loty	RATE -1	he		and scannes	18-24	
SPREEDE ME MIAN	6/15 19:012	10-	-	Sam Ishil	Maidantin	30-
Stalla 34.	110 22	T	40	Sint and	Areard	144
Stink filt 1	8100	at the	46	Margan	See 1th	u.
			1 1 1 1 1 1	Contraction of the local division of the loc	- Carlos	- Alt
Silling .	als auch	and and		Grand New South	Constant	
Wet much	Date: 1	ing the	S TI	R Gran In La -	C. Sporter Black	Berninda
Net much	Arr a	inequiti Gal	A THE	RS S TIL	Territ alar	Delinipa .
Indiet annuelle annuelle	An a Art 1 Art 7	The second	1	RS S TIL	Territ alar	Delinipa .
haint announ rhan pano Pantina dhia	Arr 1 Arr 1 Ar 2 July 5	ingen Film	Prad a	a si a cala	A Roy La	Art
nant seconda cominante lastica dina cominante cominante cominante cominante	Pro 1 Drt 1 Nr 2 110 5	and Frank		R. S. S. Inda. Roll Parks Science Indexts	A Roy La	Art
terret annotes factore and	Pro 1 Det 1 No 7 100 0 100 0 100 0	Tanta and		a share today a share today a share today The today The today But today But today	A REAL	And a
hist Announe Annous Annous Annous Annous Annous Annous Annous Annous Annous Annous Annous Annous	Pro 1 Dr4 1 No 7 104 1 104 1 104 1 104 1 105 105 105 105 105 105 105 105 105 105	and the second	a parabar	R Shall water apple to be a set of the set o	A REAL	And a
And Announe Announce Ann		and the state of the state	a bachachad	Read to a second	A REAL	And a
Halaf Barnania Partine State Tartine State Line State Line State Line State State State State State State State State State State State	Pres 1 Det 1 Ne 7 10 T 1 to 1 1 to 10 1 to 8000 1 to 8000 2 to 8000 2 to 8000	The state of the	A TERTERS	R. Sanda undan Apala Padan Sapatan General Tart Saman Sara Barta Dago Santa Dago Santa Dago Santa Dago	the state of the s	日本
Hard Barrowski Privat James Barther Bries Harther Bries Harther Barther Harten Tanan Harten Tanan Harten Tanan Harten Tanan Harten Tanan Harten Tanan		The state of the state	a the property of	R. Sanda undan Apala Padan Sapatan General Tart Saman Sara Barta Dago Santa Dago Santa Dago Santa Dago	A A THE A	ALL ALL
Infort Januaria Teaching and Teaching and	Ave 1	and the second s	A TELEVICE CONTRACTOR	R Share today R Share today Ryth Halas Ryth Halas Research Re	A A THE A	ALL ALL
Halef Barness B Parties Brig Harder Brig Harder Brig Harder Barn Harder Barn Harder Barn Harder Har Harder Har Har Harder Har Har Har Har Har Har Har Har		The second secon	A PRODUCT DUCT	R. Sanda anda Apple Proba- proba Proba- proba Proba- proba- tion of the second Rect Days Rect Da	Reading the second seco	All and a state of the state of
Mart Barrowski Barthers Bing Martines Bing Martines Bing Martines Bing Martines Barrows Friend States Friend States States Martines States Martines States Barrows Martines Barrows Martines Barrows Martines Barrows	Print 1 Bart 1	and the second s	A TELEVICE CONTRACTOR	R Same code A Same code Apple Pate Apple Pate Apple Pate Apple Pate Apple Same Pate Pate Same Salo Same Salo Same Salo Pate Same Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Salo Pate Pat	A A LAND AND AND AND A LAND AND AND AND AND AND AND AND AND AND	ALL
Inite Annual Control Annual Control Annual Control Con				R. Sanda Contan B. Sanda Contan Sanda Contan Territo Contan Barta Contan Territo Contan Contan Territo Contan Territo Contan Co	A starting the starting of the	ALL AND
Inite Annual Control Annual Control Annual Control Con	Prot 1	A Contraction of the second se		R Same under R Same under Apple Pada Part and Antonia Part and	A A A A A A A A A A A A A A A A A A A	ALL AND
Inite Annual Control Annual Control Annual Control Con		and the second s		R Same under R Same under Apple Pada Part and Antonia Part and	A A CANANA AND A A A A A A A A A A A A A A A	And a state of the
Aller Barnenie Antorie Beig Antorie Beig Antorie Beig Antorie Beig Antorie State Frieder Barnen Frieder			「「「「「」」」」」「「」」」」」」」」」」」」」」」」」」」」」」」」	R Same under R Same under Apple Pada Part and Antonia Part and	A A CANANA AND A A A A A A A A A A A A A A A	And a state of the
Aller Barnenie Antorie Beig Antorie Beig Antorie Beig Antorie Beig Antorie State Frieder Barnen Frieder				18 Sand Contact Republic Victoria Republic Victoria Republic Victoria Republic Victoria Republic Victoria Republic Victoria Stratt Vict	A A CANANA AND A A A A A A A A A A A A A A A	And a state of the
Aller Barnenie Antorie Beig Antorie Beig Antorie Beig Antorie Beig Antorie State Frieder Barnen Frieder	And 1 And	and and a state of the state of	800 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4 4	10 Since the second sec	A STATE OF THE STA	AND
Valor Announe Chief Announe Chief Anno Chief Anno	And 1 And	and a state of the		R Same code R Same code Ryth Patent Ryth Patent The Same Sector The Same Sector Same Secto	A A A A A A A A A A A A A A A A A A A	ALTER AL ALLER AL
Andre Announ	And 1 And	and a state of the	1 日本日本日本日本日本日本日本日本日本日本日本日本日本日本日本日本日本日本日本	12 Since today 23 Since today 24 Since today 25 Since today	A A LOW A A LO	ALTER AL ALLER AL
And Announces	And 1 And	and and a state of the state of	A RESERVENT A REPAIR OF A REPA	12 Since today 23 Since today 24 Since today 25 Since today		ALTER AL ALLER AL
Aller Barnerick Renter Shin Anther Shin Anther Shin Anther Shin Anther Shin Anther Shin Conta Same State State Conta Same State State Same	And 1 And	and a state of the	四一一日日日日日日日日日日日日日日日日日日日日日日日日日日日日日日日日日日	R Share and apple them apple them apple them apple them apple them apple them apple them apple them apple them apple the apple	A A LOW A A LO	一日本の日本の日本の



ICT

P.G. Department of Mathematics & Computer Science Session : 2022-23

Date : 21-11-2022 to 03-12-2022

Activity : Enhance Your Programming Skills

No. of Beneficiaries : 36

PG Department of Mathematics and Computer Science organized "**Certificate Programme**" with the topic Enhance your Programming Skills on 21st November to 3rd December 2022 for BCA, B.Sc Computer Science and PGDCA Students in St. Thomas College, Ruabandha Bhilai. The Course Trainer of the programme was Dr. Smita Suresh Daniel.





Date

: 21-11-2022 to 03-12-2022

Activity

Enhance Your Programming Skills

No. of Beneficiaries : 36

:

S. No	Name of Student	Class
1	Ayush Mantri	BCA
2	Purwa sahu	BCA first year
3	Manmeet kaur	BCA first year
4	Priyanka roy	Bca first year
5	Tanu chaudhary	BCA 1
6	Vanshika Sahu	Bca -1
7	Yash Meshram	Bca 1
8	Raja roy	B c a 1
9	Akriti verma	Bca 1
10	Nisseeba Rani	BCA-1
11	Md shamim ahmed	Bca 1st year
12	Bindu Patel	BCA 1
13	Shalom Jaison	BCA 1
14	Priya Singh	BCA 1
15	Vanshika Sahu	BCA-1
16	Ruchika Prasad	BCA 3
17	Aparna Mahobiya	Bca Final Year
18	Ujjwal kumar Singh	BCA1
19	Aman Bisai	Bca
20	Francis Bhawra	BCA -1
21	Tanu Chaudhary	BCA 1
22	Yash Meshram	BCA 1
23	Swati kushwaha	BCA1st
24	Niyati Yadav	BCA 1st
25	Dumendra chouhan	BCA1
26	Satyam Rai	BCA I
27	Ruprekha sahu	PG DC A
28	Priti singh	PGDCA
29	Mithileshs sahu	PGDCA
30	Sweta kumari	Pgdca
31	Rashmeet kour	Pgdca
32	Sahinabano	Pgdca
33	Muskan Khatoon	PGDCA
34	Kunal kumar sinha	Pgdca
35	Rajesh kumar	Pgdca
36	Chandrakant Lahare	PGDCA



ICT National Service Scheme (NSS) Session : 2022-23

Date : 01-12-2022

 PPT Presentation Competition for creating Awareness about HIV AIDS and its Prevention

No. of Beneficiaries : 61

Activity

NSS volunteers celebrated World AIDS Day by organizing power point presentation on the topic "AIDS – prevention and cure". The objective of this competition was to aware the youth about the reality of AIDS and to motivate them to be safe from this.





Date : 01-12-2022

Activity

: PPT Presentation Competition for creating Awareness about HIV AIDS and its Prevention

	1-12-22 WORLD AIDS DAY		and a	No.	states and the second		
	Thresday MINS DAY	Puts			water and		
		Page				Prin-C	
	NO None OF STUDENT	CLASS	SIGN	en	NAME OF STUDENT		and the second se
		and the	5134	2	Hushi	CLASS	SIGN
	51. Dhananjay Yadav	MC-2	Chart	33	Phanisha Jaiswal	MC-1	Autohi
	22. PushKore	MC-2	Pushte	34	Geshy Jaiswal	BSC LYEAR	Phantelas
	- I had you Sony	IT-2	Ji kendag	35)	Nich	BBA 1 Year	Geehr
	24 Chhaya Sahu D5 Dhenaj Ku Alamal	MC-1	Chaya Dhu.	86	Twinkal Pandey Ekta Jon	BBALYear Record	N du .
	16 Sakeho Sahu	ME-2	Dhu.	50	Ekta Jon	BCOMI year	Que
		BI	Sarsh.	22)	Shering Tiwan	BEA ; year	0
	7 Lukeshwan chunchrakun 8 Bhavana Jain	37	Lulieshww	23	Esha Rani Grazidia	BBA year	She ale
- 0	Aniali Tigga	BT-1	Brund		Palak Jahn	BBA + year	Del
	1 Anjali Tigga 0 Charu Minj 1 Sonali Toppo		Awal	10		BBA Lycan BBA Lycan	- Chil
	L Somle Topas		cathor .	LUY	Renu verma	annul	0.1
	1 Sonali Toppo 2 Youth Venno.	8-1	Sunt	42)	Hing Solar	MG2 (B.sc)	R
	3 Pratikha Rac	B.1	Jun.	43)		BSC . 2nd your	On la
	i Preeti Kerketta	BA-Z	Pratition	44	Isha Mehandede	B com 1 styron	Denil
	5 Shristi Markam	BSC-1	Goilcett	45)	Mastar I WION I	B, com 1st year	Ano .
	Manshi Kujur	BA-1	0	46)	NODIA	B. com 1 styron	Rdyin -
17	Proprie Proved	BSC -1 BT-2	Bar	47)	Vaibhar Sinha	B. com 1stycon.	Gailed
19	Ruagan Ruasad	MB1		48)	TION .	00-1919-80	Allan
10	Frachi Tate	RH T	trait	49)	Kypay Jaku	1-11 -11	Rectand -
20		B1	844	50		- 11 - 11	Denie!
21	Vibha Deshrukh	0,	Vibhay	51)	Nutin	-11 days	Aither -
22	Alpanna Sahu	Bi	AParing	531	Nilay Addinav	311 - 11	
23	Mustan Patel	BCOM I		54)	A 1		Abring .
24		BSCIT	Boom	54)	Aul au	-11	
25	Torughilden Strad	BCI	And	56)	Myun sharta	~ ~	
26	Elete Soon	BSC I	Joint .	27	Ayuut Staniya Talija Hituu Amasha Khushana	Bcon-1	THIS .
27.	Pisya Raj Bhandar?	BOD 13+1	Real	E()	Theos with Knugana	- 11	
28.	Dhut Vaishnay	BBA ISH (BA ISH BA ISH	- dup	60)	Gasuma		ale on
29.	King Dewangar	h. Com friend	16 h	60	Bhavin	1-1-17	X
	T. Shrinivas verna	Rec 1st	Mary	(00)		te " Davoj	V. PS
131.	Ganima Sharma	BA Ind	Dist	-01/		-B.Com - Eyn	Attale at 2
20	Vian Ira Shuama	Non 1	Cher	M	have number un	mple Ne-	1 18
							1



ICT

P.G. Department of Mathematics & Computer Science Session : 2022-23

Date :

Activity

08-02-2023

MoU with Kristu Jyoti College of Management and Technology, : and Faculty Development Programme on Safer Internet

No. of Beneficiaries : 19

PG Department of Mathematics and Computer Science of St. Thomas College Organized "Faculty Development Programme" on Safer Internet in collaboration with Kristu Jyoti College of Management and Technology ,Changanacherry, Kerala on 8th February 2023 through Google meet which has MoU with KJCMT.

Mr. Roji Thomas, Head department of Computer application KJCMT was resource person of programme. The aim of the programme was to promote the safer use of the internet and more responsible information of technology.





Date : 08-02-2023

:

Activity

MoU with Kristu Jyoti College of Management and Technology, and Faculty Development Programme on Safer Internet

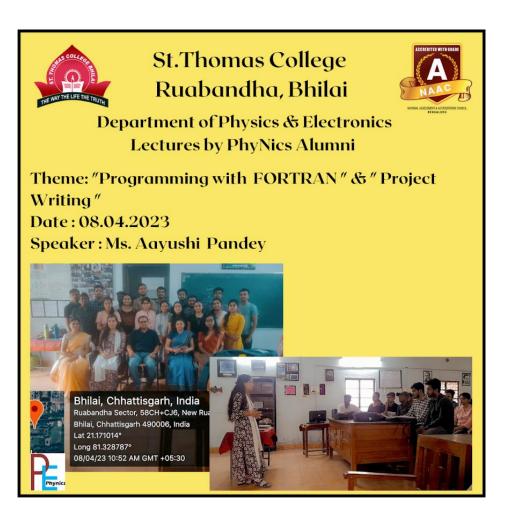
S. No.	Name of Faculty	Department
1.	Dr. Suja Varghese	Mathematics
2.	Dr. Santosh Kumar Miri	Computer Science
3	Dr. Smita Suresh Daneil	Computer Science
4	K. Manju	Computer Science
5	Dr. Preeti Jain	Computer Science
6	Mr. Netra Kumar Gupta	Mathematics
7	Ms. Jyoti Dewangan	Mathematics
8	Ms. Shabnam Tabassum	Computer Science
9	Ms. Aarti Yadav	Computer Science
10	Ms. Smiksha Kushwaha	Mathematics
11	Dr. Anubhuti Jha	Biotechnology
12	Dr. Ankita Deshmukh	Psychology
13	Ms. Mohini Sharma	Chemistry
14	Mr. Tanmay Patnayak	Psychology
15	Mr. Amitabh Sharma	BAJMC
16	Dr. Suruchi Parkhey	Botany
17	Ms. Chavi Sahu	BAJMC
18	Ms. Sulagna Barman	Biotechnology
19	Dr Kiran Bala Das	Economics



ICT P.G. Department of Physics & Electronics Session : 2022-23

Date	:	08-04-2023
Activity	:	Programming with "FORTRAN" and Project Writing
No. of Beneficiaries	:	20

The Department of Physics & Electronics organized the lecture on **Programming with** "FORTRAN" and Project Writing. Ms. Ayushi Padey is the Key-Speaker in this lecture.





Date : 08-04-2023

:

Activity

Programming with "FORTRAN" and Project Writing

No. of Beneficiaries : 20

St. Thomas College,Ruabandha Bhilai Department of Physics & Electronics Session 2022-23

Event	1
Theme	4
Date & Day	1
Speaker	15

Lecture by PhyNics Alumni Programming with FORTRAN & Project Writing 08.04.2023 & Saturday Aayushi Pandey

Name of Beneficiaries:

S.No	Name	Class	, Sign
1	Shashank	Mee IV sem	-ds-
2	Swapan Mandal	MSC IV SEM	Sweepors)
3	sockshee sahu	MSC IV SEM	Sallshuesale
4	Ashish parel	M.SL-DISER	Aprile 1
5	Gullehen R Soan	Misc. IV Sem	Guilshan
6	Piyush Kumay Verma	Mic IV sem	Piyush_
7	Dhanna Grautam	MSC IR Sem	Shang
8	Jaishaly Dewangan	M.Sc TV Sem	Jaishaly
9	Marrish Arakash	Misc TV Serm	andrich
10	Sonal Schoo	1)	Day.
11	TEJAS PATEL	Misc - ISI Sem	CIP
12	Thoma Belgane	M.Sc TV Sem.	thesal
13	Problect Singh	MSC - IT SCH	Babbat
14	Aditya	12 ~	AND
15	ON Praken	-9	Chilles
16	Abhishrit	-15-	(Although -
17	Janu	-11	Janus
18	Sachin	-11 -	barging
19	Mourisha blankhede	-11 -	2 mm
20	Rameence Manikpuri	-11-	Raming
21	and the second sec		New York
22			



ICT

P.G. Department of Mathematics & Computer Science Session : 2022-23

Date: 10-04-2023 to 15-04-2023Activity: Certificate Programme on Office Automation Skills

No. of Beneficiaries : 09

PG Department of Mathematics and Computer Science organized "**Certificate Programme**" with the topic **Office Automation Skills** on 10th April to 20th April 2023 for Non-Teaching and Office Staff in St. Thomas College, Ruabandha Bhilai.





Date

: 10-04-2023 to 15-04-2023

Activity

: Certificate Programme on Office Automation Skills

S. No.	Name of staff
1.	Mini John
2.	Krishna Rao
3	Sakun Yadav
4	Tijan
5	Prema
6	Dolly John
7	Sudhakar Rao
8	Pramila
9	Omna