

P.G DEPARTMENT OF PSYCHOLOGY, SESSION- 2021-22 DEPARTMENTAL ACTIVITIES REPORT



DAY & DATE- Saturday, 18 September 2021

TITLE – WORKSHOP on Promoting Mental Health of Students in Swami Atmanand Government English medium School

NUMBER OF BENEFICIARIES-125



DAY & DATE- Saturday, 18 September 2021

TITLE– WORKSHOP on Promoting Mental Health of Students in Swami Atmanand Government English medium School

NUMBER OF BENEFICIARIES- 25 Faculties



DAY & DATE – Thursday, 23 September 2021

TITLE - Online Remembrance of Sigmund Freud Death Anniversary

BENEFICIARY- 64 STC students



DAY & DATE – Saturday, 09 October 2021

TITLE- World Mental Health Day 2021

ACTIVITY-- Online paper presentation with MOU partner Govt. Kamla Devi Rathi Girls P.G College

BENEFICIARY- Total-105

STC students-56

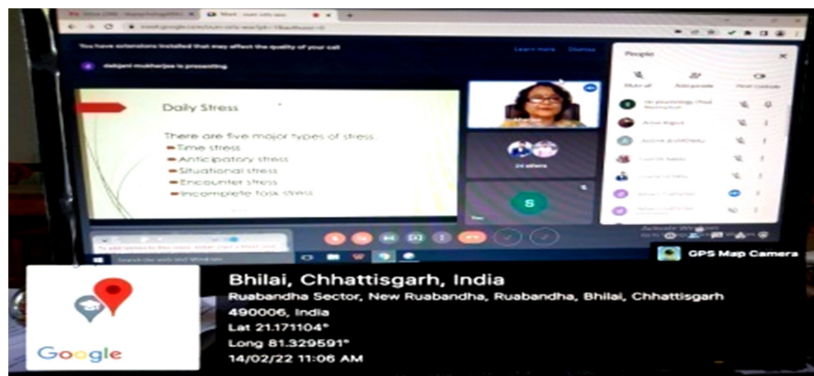
STC Staff -3



DAY & DATE - Saturday, 27 November 2021

BENEFICIARY- 57

TITLE - Counselling session for hostel inmates



DAY & DATE - 10-24 February 2022

TITLE - Being a complete human” course on overall personality development

BENEFICIARY- 63 STC students



DATE- Friday, 04 March 2022

TITLE -- Interactive Class on “ How to Clear NET examination”

BENEFICIARY- 10 STC students



DAY & DATE – Thursday, 24 March 2022

TITLE - WORKSHOP- How to develop Interview skills

BENEFICIARY- 60 STC students

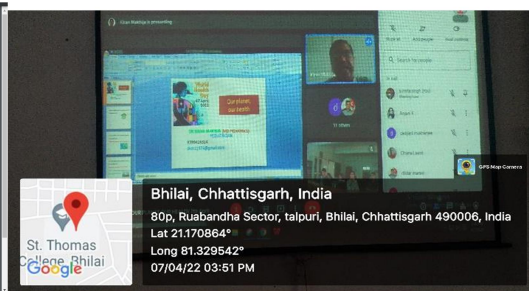


DAY & DATE - 29-31 March 2022

TITLE - WORKSHOP- Memory skills , physical and mental health training in Government Primary school, Ruabandha

BENEFICIARY- 30 Government school students-

M.A SEM IV-8 STC STUDENTS
M.A SEM II- 11 STC STUDENTS



DAY & DATE- Thursday, 07 April 2022

TITLE -World Health Day

BENEFICIARY- 54 STC Students

St Thomas College conducts Workshop on Research Methodology

Central Chronicle News
Bhilai, Apr 22: St Thomas College conducted three day workshop on Research Methodology in Collaboration with MOU partners Govt KBR Girls College, Rajnandgaon and Holy Cross Women's College, Ambikapur. The PG Department of Psychology of St Thomas College conducted the workshop online on Basics of Research Methodology.

Resource persons of the workshop were Dr Arantika Kausli, Assistant Professor, Govt EVPG College, Korba and Dr Jay Singh, Associate Professor, University of Allahabad, Uttar Pradesh. Dr Kausli gave inputs on the topic 'Data collection and Sampling Techniques' and spoke that a researcher has to be very honest in collecting appropriate sample and discussed various methods of data collection and sampling techniques. Dr Jay Singh, gave his expert lecture on 'Introduction to Basics of Statistics'. It was a very interactive session in which students were introduced to inferential and descriptive statistics, importance of normal probability curve and when to use statistics such as ANOVA, ANCOVA and Factor Analysis. Administrator of the college, Rev Father Dr Jony Verghese appreciated the topic of the workshop and stressed that in Indian academic world every student should develop his research skills to be a better student and researcher. Principal Dr MG Royman said the IQAC has to conduct such academic development programs for quality enhancement. Dr SR Shaanta Joseph, Principal, Holy Cross women's college, Ambikapur addressed the gathering in the opening session and encouraged the organizers for their efforts. Dr Aksh Mishra, Principal, Government Kamla Devi Rathi Girls PG college, Rajnandgaon gave full support for the conduct of the workshop. Dr Debjani Maiti, Head, Dept of Psychology welcomed the gathering and said every student must know the basics of research methods and statistics as it is very useful in higher education. MOU partner colleges give a platform to students to interact and learn together. Dr Mamta Awasthi, Head, Dept of Psychology Holy Cross Women's College, Ambikapur and Dr Basant Sarker, Government Kamla Devi Rathi Girls PG College, Rajnandgaon addressed the students and enlightened them on the various aspects of Research Methodology.

Dr Ankita Deshmukh, Dr Mona Mahaja and Divya Singh Assistant Professors of the three colleges conducted the sessions and Dr Sumita Singh Assistant Professor St Thomas College, proposed the vote of gathering and said every student must know the basics of research methods and statistics as it is very useful in higher education. MOU partner colleges give a platform to students to interact and learn together. Dr Mamta Awasthi, Head, Dept of Psychology Holy Cross Women's College, Ambikapur and Dr Basant Sarker, Government Kamla Devi Rathi Girls PG College, Rajnandgaon addressed the students and enlightened them on the various aspects of Research Methodology.



DAY & DATE - 19-21 April 2022

TITLE - Basics of Research Methodology workshop
 with MOU Partners Govt Kamla Devi Rathi Mahavidyalaya and Holy cross Women's College, Ambikapur

BENEFICIARY- 65 STC students

सेंट थॉमस कॉलेज व सार्थक कदम संस्थान के सहयोग से एक दिवसीय प्रशिक्षण हुआ



भिलाई। मनोविज्ञान विभाग सेंट थॉमस कॉलेज भिलाई ने एमओयू पार्टनर सार्थक कदम संस्थान के सहयोग से विकलांग और संबंधित चिकित्सा पर प्रशिक्षण कार्यक्रम का आयोजन किया। प्रशिक्षण कार्यक्रम

जब बच्चे मुकाबला करने में अनिच्छा दिखाते हैं या व्यवहार में अक्षमता का प्रदर्शन करते हैं, तो इस्तेमाल की जाने वाली प्रशिक्षण का प्रदर्शन किया गया। छात्रों को यह समझाने के लिए निर्देशित किया

DAY & DATE- Friday, 29 April 2022

TITLE - Sarthak Kadam Training on Disabilities and its Interventions

BENEFICIARY- STC students-13

Sarthak Kadam students-04



DAY & DATE- FRIDAY, 27 May 2022

TITLE - ALUMNI MEET - 'AFTER P.G.?'

BENEFICIARY- STC students-14

ALUMNI-07