

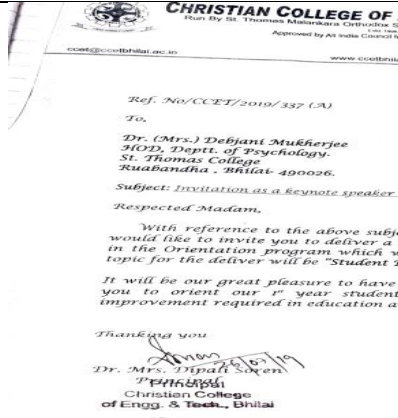










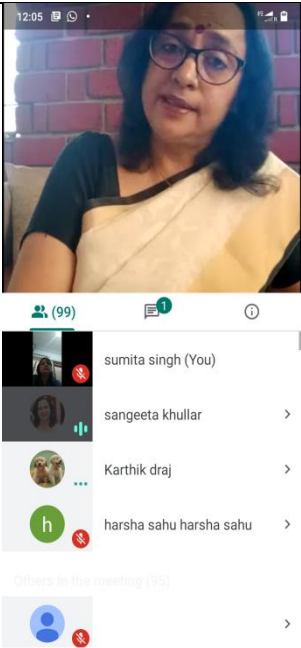
St. Thomas College, Bhilai
Guidance and Counseling Cell
Activities - 2019-2020

Sl No.	Date & Day	Place	Guidance And Counselling	Number of Participants (Students plus Staff)	Pic
1	13 July 2019	St. Thomas College, Bhilai	General Counseling Session for Fresh Hostel Inmates	56 STC Students	
2	27 July 2019	St. Thomas College, Bhilai	Counselling for the students of Management-Defence Mechanism as an Employee	40 Students of BBA of STC.	

3	29 July 2019	Christain College Of Engineering And Technology Bhilai	Counselling and well being session For The Students of first year engineering of Christain College Of Engineering And Technology Bhilai	45 Students of CCET, BHILAI	
4	26 August 2019	Sarthak Kadam Sec-10 Bhilai	Teaching and Counselling of Mentally Impaired students	20 STC Students	
5	14 September 2019	Seri Kheri, Raipur	Special School And Training Center For Mentally Retarded And Blind Students, Seri Kheri, Raipur. Experiential Learning	46 STC Students	

6	04 October 2019	Visit- Prayas, Bhilai, a School for Specially Abled Children, Experiential Learning and Training Students for M A Sem I & M A Sem III	Career Counselling	12 STC Students	
7	09 January 2020	Govt. Higher Secondary School, Selud, Durg	I.Q Testing for higher school Selud Students	20 STC Students and 150 School Students	

8	01 February 2020	STC Bhilai	Counseling Session For U.G Students (B.A) –How to Cope Up With Examination Stress.	95 STC Students	
9	13 March 2020	STC Bhilai	Counselling Session Conducted By College Alumnus Parul Gupta Batch 2018-2019	17 STC Students	

10	9 June 2020	STC Bhilai, Webinar	<p>E- Lecture and counselling session on Facilitating Positive Mental Health During COVID 19 times</p> <p>Dr Sangeeta Kullar Associate Professor M.K.P P.G College, Dehradun</p>	99 STC Students	 <p>The screenshot shows a Zoom meeting interface. At the top, there is a video feed of a woman with glasses and a yellow sari. Below the video, there is a list of participants: sumita singh (You), sangeeta khullar, Karthik draj, and harsha sahu harsha sahu. At the bottom, there is a section for 'Others in the meeting (95)' with a blue profile icon.</p>
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